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To register by check, make payable to
Integrative Counseling Solutions
Please complete this form and mail to:
Integrative Counseling Solutions
Attn: Denise Kalbus
1200 Valley West Drive, Suite 508
West Des Moines, IA 50266
dkalbus@integrativecs.net

- EARLY** Registration (through 02/01) **\$149 - Best value!**
- STUDENT** Registration* **\$79**

*Please send a photo copy of a current student ID or class schedule with registration, or email to dkalbus@integrativecs.net
Questions? Call 515-267-1340
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1200 Valley West Drive
Suite 508
West Des Moines, IA 50266

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Play Therapy for Young Children



Presenter:

**Amy Badding,
MS, LMHC, RPT**

*Training can be applied toward
obtaining or maintaining registration as a
Registered Play Therapist.*



February 15, 2019

1200 Valley West Drive
3rd Floor Conference Room, Ste. 508
West Des Moines, IA 50266

Play therapy training for Iowa providers

Integrative Counseling Solutions invites you to join us for a full day of advanced play therapy training. This program is **open to all graduate students and licensed social workers, counselors, marriage and family therapists, and psychologists** who are looking to advance their knowledge and appropriate use of play therapy with clients.

Friday, February 15, 2019

8:45am - 9:00am: Check – In
Light breakfast items and *Coffee will be available*

9:00am: Lecture

10:30am: 15 minute break

12:00pm: Lunch (is included)

12:30 pm: Lecture

2:15pm: 15 minute break

4:00pm: Networking

Registration online is available (Until Feb. 1, 2019)

<https://integrativecs.ticketspice.com/play-therapy-and-trauma-helping-the-child-heal>

To make a change to your registration, please contact us by email at dkalbus@integrativecs.net or phone at 515-267-1340.

Registrations are transferable, and free if arranged within 10 business days prior to the event. If notified later, the original registrant is subject to a \$50 fee. If the alternate fails to attend the training, the original registrant is subject to a \$50 fee.

If the event is cancelled due to weather, we will do our best to reschedule. If you cannot attend the alternate date, a full refund will be issued. If the event is not rescheduled, a full refund will be issued..

Earn 6 continuing education credits*

Integrative Counseling Solutions, Inc. has determined that this program meets the criteria for the Iowa Board of Behavioral Science Examiners and the Iowa Board of Social Work Examiners for **6** hours continuing education for social workers, mental health counselors, and marriage and family therapists.

NASW: The program will be submitted for approval to the National Association of Social Workers for approval. Integrative Counseling Solutions is an approved provider.

APT: Attachment Play Therapy training is approved by the Association for Play Therapy (APT Approved Provider #-17-506)

About the Presenter:

Amy Badding, MS, LMHC, RPT is a Licensed Mental Health Counselor and Registered Play Therapist. She started her career working as a Certified Child Life Specialist (CCLS) at the University of Nebraska Medical Center in Omaha, Nebraska. She worked with children and adolescents who were chronically and terminally ill.



During her time at UNMC she learned about play therapy and how it can help children communicate their thoughts and feelings through play. She began pursuing her master's degree while working at the hospital. Soon after getting her master's degree she attended the Kansas City Play Therapy Institute, where she earned her RPT credential. Since leaving her job at the UNMC, Amy has worked in the agency setting, in-home counseling, schools, and private/group practice. After her husband decided to pursue his degree in Architecture, they relocated to Ames, Iowa with their four children. Amy currently is a full-time clinician at Central Iowa Psychological Services in Ames. She specializes in working with children with mental health issues. She uses Child-Centered Play Therapy, Gestalt Play Therapy, and Cognitive Behavioral Play therapy as her main modality of treatment. Besides her training in Play Therapy, Amy is also trained in EDMR for children and adolescents, Theraplay, and PCIT (Parent-Child Interaction Therapy). In addition to her clinical work, Amy is part of the Kids, Inc. faculty and teaches webinars in "Theories of Play Therapy", "The Middle Stages of Play Therapy", "Attachment Theory and Play Therapy".

Play Therapy for Young Children

Effective play therapy strategies for our youngest clients

Does Play Therapy work for our youngest clients? How do we know if what we are doing in the play therapy room is effective and making positive change? Young children are referred for play therapy because there has been a disruption in their life and do not have the skills, developmentally, to cope. Children today, have more stress in their lives and need the skills to cope when life challenges become "too big" for them. Often, children have used up their own problem-solving tools, and they misbehave, may act out at home, with friends, and at school (Landreth, 2002). Play therapy is utilized to help children cope with difficult emotions and find solutions to problems (Moustakas, 1997; Reddy, Files-Hall, & Schaefer, 2005). By allowing young children to use play to confront their problems, they can find better solutions, play through troubled experiences, and change the way they think in difficult situations. This training will help you understand the different stages of development for your youngest clients and how to effectively work with them using play therapy.

Objectives:

- Participants will learn how to use child-centered play therapy and how to engage the child client to express their thoughts and feelings freely through play.
- Participants will learn how to use "tracking" responses in the play therapy session and document play themes, while looking for patterns in play therapy.
- Participants will learn how to identify the different stages children go through in their play therapy journey and how to recognize therapeutic growth.
- Participants will learn how to use direct play therapy interventions for their youngest clients and help them reach therapeutic goals.