

Name: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ License No: \_\_\_\_\_  
E-Mail Address: \_\_\_\_\_

To register by check, make payable to  
Integrative Counseling Solutions, Inc.  
Please complete this form and mail to:  
Integrative Counseling Solutions  
Attn: Denise Kalbus  
1200 Valley West Drive, Suite 508  
West Des Moines, IA 50266

dkalbus@integrativecs.net

Or, register **ONLINE** (see inside)

**Professional** Registration \$199

**Student** Registration \$99

*\*Please send a photo copy of a current student ID or class schedule with registration, or email to [dkalbus@integrativecs.net](mailto:dkalbus@integrativecs.net)*

Questions? Call 515-267-1340

<https://www.integrativecs.net/> or Like us on

facebook



1200 Valley West Drive

Suite 508

West Des Moines, IA 50266

PLACE  
STAMP  
HERE

# Incorporating Neurobiology In Play Therapy



Presenter:

**Alyssa Caldbeck,**  
**LISW, RPT and**  
**Certified EMDR Therapist**

*Training can be applied toward  
obtaining or maintaining registration  
as a Registered Play Therapist.*



**Friday, Sept. 28th 2018**

Conference Room  
1200 Valley West Drive, Ste. 508  
West Des Moines, IA 50266

## Neurobiology in Play Therapy Training for Iowa Providers

Integrative Counseling Solutions invites you to join us for a day of Neurobiology in Play Therapy. Training will be located in the Conference Room of Integrative Counseling Solutions, Suite 508. This program is **open to all graduate students and licensed social workers, counselors, marital and family therapists, and psychologists** who are looking to advance their knowledge and appropriate use of play therapy with clients.



**Friday, September 28th, 2018**

**8:00am - 8:15am:** Check – In

**8:15am - 11:45:00 am:** Training Session  
*Coffee & Water will be available*

**11:45am - 12:15pm :** (Lunch)

**12:15am - 2:15am:** Training Session (cont.)

**2:15am - 2:30pm:** Break

**2:30am - 4:45pm:** Training Session

**4:45pm - 5:00pm:** Networking

Registration online is available (*until Sept 19th*):  
<https://integrativecs.ticketspice.com/incorporating-neurobiology-in-play-therapy>

To make a change to your registration, please contact us by email at: [dkalbus@integrativecs.net](mailto:dkalbus@integrativecs.net) or phone at **515-267-1340**.

Registrations are transferable, and free if arranged within 10 business days prior to the event. If notified later, the original registrant is subject to a \$25 fee. If the alternate fails to attend the training, the original registrant is subject to a \$50 fee.

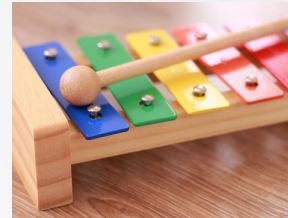
If the event is cancelled due to weather, we will do our best to reschedule. If you cannot attend the alternate date, a full refund will be issued. If the event is not rescheduled, a full refund will be issued.

## Earn 7.5 continuing education credits

Integrative Counseling Solutions, Inc. has determined that this program meets the criteria for the Iowa Board of Behavioral Science Examiners and the Iowa Board of Social Work Examiners for **7.5** hours continuing education for Mental Health Counselors, and Marriage and Family Therapists.

**NASW:** The program will be submitting an application for approval to the National Association of Social Workers. Trainees will be notified if the program is approved.

**APT:** Neurobiology in Play Therapy training is approved by the Association for Play Therapy (APT Approved Provider #- 17-506)



### About the Presenter:



Alyssa Caldbeck is a Licensed Independent Social Worker and Registered Play Therapist. She is a Certified EMDR therapist with advanced EMDR training, including being an Integrative Attachment Treatment Protocol Certified Therapist through the Attachment and Trauma Center of Nebraska. Alyssa is finishing her requirements to be an EMDR Approved Consultant. She has provided therapy to children and adolescents of all ages and specializes in attachment, trauma, and adoption concerns. In addition to her other qualifications, Alyssa has completed specific adoption mental health competency training (Training for Adoption Competency) with the Center for Adoption Support and Education.



The mental health field has advanced in the last decade to take into consideration the research and related concepts of Interpersonal Neurobiology and the Polyvagal Theory. This training will help incorporate

these findings into play therapy approaches. The information presented will examine the neurobiology frame work and applications in play therapy including taking a neuroscience perspective when designing clinical interventions. Fundamental concepts of brain development, brain organization, and how to consider the developmental stage of the child to better identify play therapy interventions into effective treatment options will also be taught. Those attending will leave knowing how to identify what is happening in the brains, minds, and bodies of our clients so we can foster and support healing in a deeper way and increase the chance for lasting change to occur.



### Objectives:

1. Participants will understand play therapy approaches in conjunction with knowledge of neurobiology.
2. Participants will increase their capacity to use play therapy to support regulation and address autonomic responses using movement, breathing, music, and sensory activities.
3. Participants will learn to engage and exercise the Social Engagement System using play therapy.
4. Participants will be able to identify and integrate play therapy interventions focused on conceptualizing and targeting client presentation and symptoms related to lower brain disorganization.