

Name: _____ City, State, Zip: _____
Address: _____
Phone: _____ License No: _____
E-Mail Address: _____

Please list any dietary restrictions or allergies:

Register **ONLINE (see inside)**

- Professional** Registration (through 05/12) **\$150**
- STUDENT** Registration * **\$99**

**Please send a photo copy of a current student ID or class schedule with registration, or email to info@integratives.net*
Questions? Call 515-267-1340

Please complete this form and mail to:
To register with a check payable to
Integrative Counseling Solutions
Attn: Denise Kalbus
1200 Valley West Dr, Suite 508
West Des Moines, IA 50266



1200 Valley West Drive
Suite 508
West Des Moines, IA 50266

PLACE
STAMP
HERE

Aggressive Behavior During Play Therapy



FEATURING:

**Cheryl Garland,
MS, LMHC**

*All training can be applied toward
obtaining or maintaining registration as
a Registered Play Therapist.*



March 20th, 2020

1200 Valley West Drive, Ste. 508
West Des Moines, IA 50226

Quality Play Therapy for providers

Integrative Counseling Solutions invite you to join us for a half day of **advanced play therapy training** in West Des Moines, IA. This program is **open to all graduate students and licensed social workers, counselors, marriage and family therapists, and psychologists** who are looking to advance their knowledge and appropriate use of play therapy with clients, including applications of various techniques to their own practice.

Registration online is available:
[https://integrativecs.ticketspice.com/
aggressive-behavior-during-play-therapy](https://integrativecs.ticketspice.com/aggressive-behavior-during-play-therapy)

Agenda

12:15 - 12:30pm: Check – In
12:30 - 2:00pm: Lecture
2:00 - 2:15pm: (break)
2:15 - 4:45pm: Lecture

*Partial refunds (50%) are available for cancellations no later than 10 business days prior to the training. To request a cancellation or to make a change to your registration, please contact us by email at info@integrativecs.net or phone at **515-267-1340** ask for Denise.*

Registrations are transferable, and free if arranged within 10 business days of the event. If notified later, the original registrant is subject to a \$50 fee. If the alternate fails to attend the training, the original registrant is subject to a \$50 fee.

If the event is cancelled due to weather, we will do our best to reschedule. If you cannot attend the alternate date, a full refund will be issued. If the event is not rescheduled, a full refund will be issued.

Earn 4 continuing education credits*

Integrative Counseling Solutions, Inc. has determined that this program meets the criteria for the Iowa Board of Behavioral Science Examiners and the Iowa Board of Social Work Examiners for 8 hours continuing education for social workers, mental health counselors, and marriage and family therapists.

*If you have any **questions** or concerns, please contact us by phone at **515-267-1340** or email at info@integrativecs.net*

About the presenter:

Cheryl Garland, MS, NCC, LMHC, Registered American Play Therapist & Supervisor. Along with a Clinical Therapist and Clinical Director/Owner of Integrative Counseling Solutions, Inc. in West Des Moines, Knoxville, and Indianola, IA.



Cheryl has trained in Adlerian Play Therapy with Dr. Kristin Meany-Whalen & utilizes in her work with children. Cheryl specializes in trauma, ADHD and other Clinical diagnoses that impact education, working with families, and child welfare.

Aggressive Behavior During Play Therapy

Cheryl Garland, MS, LMHC

To gain an understanding of aggressive play, based on the function of the brain using neuroscience. Therapists will learn a framework to authentically work with aggressive play, while making it a therapeutic experience for the child.

The skills learned in this class will help the therapist utilize the intensity experienced by therapist and client during an aggressive episode in the play therapy to assist in healing.

Suggested Reading: Aggression in Play Therapy by Lisa Bion

Objectives:

Participants will learn:

1. To understand child's central nervous system
2. To regulate & assist the child in how to calm central nervous system
3. To develop/grow as a therapist to be external regulator for the child
4. To set boundaries during play therapy sessions for safety
5. To work with overwhelming emotions

