



# Adlerian Play Therapy - Part 2

Sat., Oct. 30th, 2021



## FEATURING:

### Dr. Kristin Meany-Walen, RPT-S

Adlerian play therapy is an adventurous and engaging approach to use with children, building on the expertise of Alfred Adler's Individual Psychology. It facilitates prosocial parent-child interactions and an exploration into the forces influencing maladaptive behaviors. In Adlerian play therapy, clients will explore and gain insight into their faulty beliefs and attitudes, goals influencing behavior, and learn strategies to enact change through play and various counseling techniques, such as assertiveness training and modeling.

### Adlerian Play Therapy: Applications

Suggested text to be purchased in advance: Please read chapters 4, 5, 6 before the session and will count as one credit toward your non-contact hours. Quiz over reading material to earn one credit.

### Objectives:

Participants will be able to describe:

1. skills used in Adlerian play therapy
2. the four phases of Adlerian play therapy
3. the conceptualization process of Adlerian play therapy
4. the reasons for and how Adlerian play therapists tailor interventions for children.
5. the role of parent/teacher consultation in play therapy.



### Agenda:

8:15 - 8:30am: Log On

8:30 - 11:30pm: Lecture (break)

11:30 - 12:00pm: Lunch

12:00—4:30pm: Lecture (break)

### Online Registration:

Professional - \$195

Student - \$95

<https://integrativecs.ticketspice.com/adlerian-play-therapy-part-2>

### About the Presenter:

Dr. Meany-Walen is an RPT-S a Mental Health Coordinator in Waterloo Community Schools where she works with kids, teachers, and parents with the goal of increasing children's academic, social, emotional, and behavioral functioning. She specializes in working with children and adolescents using Adlerian play therapy and lead a research team that contributed to Adlerian play therapy's acknowledgement as being an evidenced-based treatment. She frequently publishes and presents on play therapy and Adlerian play therapy topics. Her most recent book, co-authored with Terry Kottman is, *Doing Play Therapy: From Building the Relationship to Facilitating Change*. When she is not working, you can find her playing with her six children, waterskiing, or running!



### Earn 7 continuing education credits\*

Integrative Counseling Solutions, Inc. has determined that this program meets the criteria for the Iowa Board of Behavioral Science Examiners and the Iowa Board of Social Work Examiners for 7 hours continuing education.